

News Release

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**CROSS
ROADS
CARE**

Surrey

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Consults Hyperion supports Crossroads Care Surrey

Crossroads Care Surrey, the leading provider of respite breaks to unpaid Carers in Surrey, is pleased to announce that they were presented with a cheque for £608.31 from Consult Hyperion an independent technical and strategic consultancy firm based in Guildford. This donation will help the charity to continue supporting Carers throughout Surrey who care for a family member, neighbour or friend in need who due to illness, disability or a mental health problem cannot cope without their support.

On 18th January 2015, Gloria Benson, Director of Consult Hyperion presented Chloe Butler, Fundraising Assistant, Crossroads Care Surrey a cheque for £608.31. Crossroads Care Surrey was chosen as Consult Hyperion's 2014 charity to support through their 'Unconference' events where the event charges were donated directly to their chosen charity.

Gloria Benson, Director of Consult Hyperion said, "I believe this service is so totally valuable to those in a caring role as it can be so stressful at times and Crossroads Care Surrey gives Carers that little bit of breathing space to recharge their batteries - nobody can doubt the value of that!" Val Levy, Crossroads Care Surrey's Marketing & Fundraising Manager responded, "We are thrilled and most grateful to have Consult Hyperion's support which will enable us to help Surrey Carers look after people of all ages, from a child with autism, an adult with cancer to an elderly person with dementia."

Crossroads Care Surrey provides highly trained staff members to take over the Carers responsibilities for 3 hours every week. Where funding permits this service is completely free of charge. These respite breaks help to improve the quality of life, physical and mental well-being of the unpaid Carer and the person for whom they care. It keeps people out of our very busy hospitals, residential care homes and helps to maintain their independence in their own home.

--- Ends ---



Giving a break to those who need it most

Charity Registration Number 1125048. Surrey Crossroads is a company limited by guarantee registered in England & Wales Number 06303805. Registered Office: 1st Floor Suite, Park Barn Drive, Guildford, Surrey, GU2 8EN. The Crossroads Care trade mark is a collective mark.

www.crossroadscaresurrey.org.uk



Crossroads Care Surrey's Fundraising Assistant, Chloe Butler being presented the cheque for £608.31 by Consult Hyperion's Director, Gloria Benson.

EDITORS' NOTES:

There is increasing recognition that society depends heavily upon unpaid carers, or people who look after a family member or friend and who may find themselves on call '24/7' for years on end – a burden that often takes a toll on their own health. Crossroads Care Surrey is committed to supporting as many unpaid Carers as possible. "A 'Carer' is someone who looks after someone with a long term health condition or a disability. There are currently around 108,000 unpaid Carers in Surrey. This number is rising, with the growth and ageing of the population in Surrey, and with more children with complex disabilities surviving birth and childhood.

Crossroads Care Surrey supports 1,800 families in Surrey at present, supplying trained staff to take over a carer's responsibility for a few hours each week. This "me-time" contributes to the Carer's physical and mental well-being, enabling them to have some time to themselves, to meet with friends, participate in leisure activities, go shopping or simply relax. The key factor is that they can spend their time with complete peace of mind, knowing that the Crossroads Care staff member is a trained professional working to a detailed care plan.

As of April 1 2012, The Princess Royal Trust for Carers and Crossroads Care merged to form a new Carers charity called "Carers Trust" (<http://www.carers.org>). Nationally, it is estimated that there are 6m unpaid carers in The UK. They save the state an enormous amount of money each year. In 2007, a Leeds University study showed that if this unpaid care had to be funded by the state it would cost £87b per annum. This was more than the total cost of running the NHS in 2006/7.

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